

16-18 YRS

CRICKET PRE-SEASON CAMP 2012

5060

16-18YRS

15 WEEKS

**BOULEVARD DES SOURCES, PIERREFONDS RIVERDALE
HIGH SCHOOL**

15 WEEKS



CRICKET BASICS
Shadow Boxing
FIELDING TECHNIQUES
Healthy Lifestyle and Fitness
BATTING & BOWLING
Friendly Indoor Games

JANUARY 20th - MAY 25th 2012 FRIDAYS ONLY

A Cricket Helmet is Mandatory for ALL Participants.

What is Included:

15 weeks, professionally run, extra curricular cricket program once a week. The scheduled days are Wednesdays and Fridays. Rules of the Game, Batting Part 2 Match, Fielding Techniques, Bowling Part 2, and most importantly, countless life lessons.

Where:

RIVERDALE HIGH SCHOOL
5060 Blvd Des Sources, Pierrefonds

When: Friday 9:00-11:00pm

EQUIPMENT:

Cricket Montreal will provide Equipment for the sessions. Players are required to bring their own helmets, abdominal guard and gloves.

Cost & Payment:

*We

apologize for the increase in fees, rising demands as well as the addition to payroll of Dhruv Kansara and Arman Usman as our assistant coaches, leave us no option but to increase the cost of Registration to make ends meet

\$195 (tax incl) one session/week

TO REGISTER:

Registration will be held at Riverdale on January 12th & 13th from 6:00pm to 8pm

Full Payment – Required at Registration

For more details on who we are:

www.cricketmontreal.ca

BLACKOUT DATES:

March 9th

There will be NO CRICKET practice on the dates stipulated below.

April 6th and 13th

May 18th



NO REFUNDS AFTER 10 DAYS